

Next Steps:

Transitioning to Adulthood for Youth with Autism

What is Next Steps?

Next Steps is a 3-part class series designed to provide information and support for parents and caregivers of a child with autism, who is age 15 to 21 and transitioning to adulthood. APL is opening this class up to ALL families interested in learning about the transition process, non-dependent on your child's age. Two sections of this class are offered throughout the year.

We are happy to work with you to help find which class section is the best fit for your family:

Steps to Independence:

Designed for parents and caregivers of youth who may have plans to go to college, work and live independently or enter the workforce.

Lifelong Learning:

Designed for parents and caregivers of youth who will need ongoing support, guardianship disability and other support services.

What does this class cover?

Steps to Independence

Class #1 will cover Adult Outcomes, Transition IEP, Post-Secondary Education, Individual and Family/Sibling Supports, and Person-Centered Planning

Class #2 will review Employment, Housing, Community Participation, Transportation, Complementary Supports, Health and Safety

Class #3 will cover Legal Resources, State & Federal Benefits, Guardianship/Autonomy, Finances, and Advocacy

Lifelong Learning

Class #1 will cover Legal Resources, State & Federal Benefits, Guardianship, and Finances

Class #2 will review School Supports, General Health, Individual and Family/Sibling Supports, Self-Care, and Sexuality

Class #3 will cover Employment, Housing, Community Participation, Transportation, Complementary Support, and Advocacy

When do these classes occur?

Mondays 5:00—6:30 pm

Via Zoom Video Platform

Register [HERE](#)

Series 1: Steps to Independence

Rotation 1 Nov. 30th, Dec. 7th, Dec. 14th

Rotation 2 Feb. 2nd, Feb 8th, Feb 22nd

Series 2: Lifelong Learning

Rotation 1 Jan. 4th, Jan. 11th, Jan. 25th

Rotation 2 Mar. 1st, Mar. 8th, Mar. 15th

To Learn More

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<https://www.seattlechildrens.org/clinics/autism-center/patient-family-resources/>

